

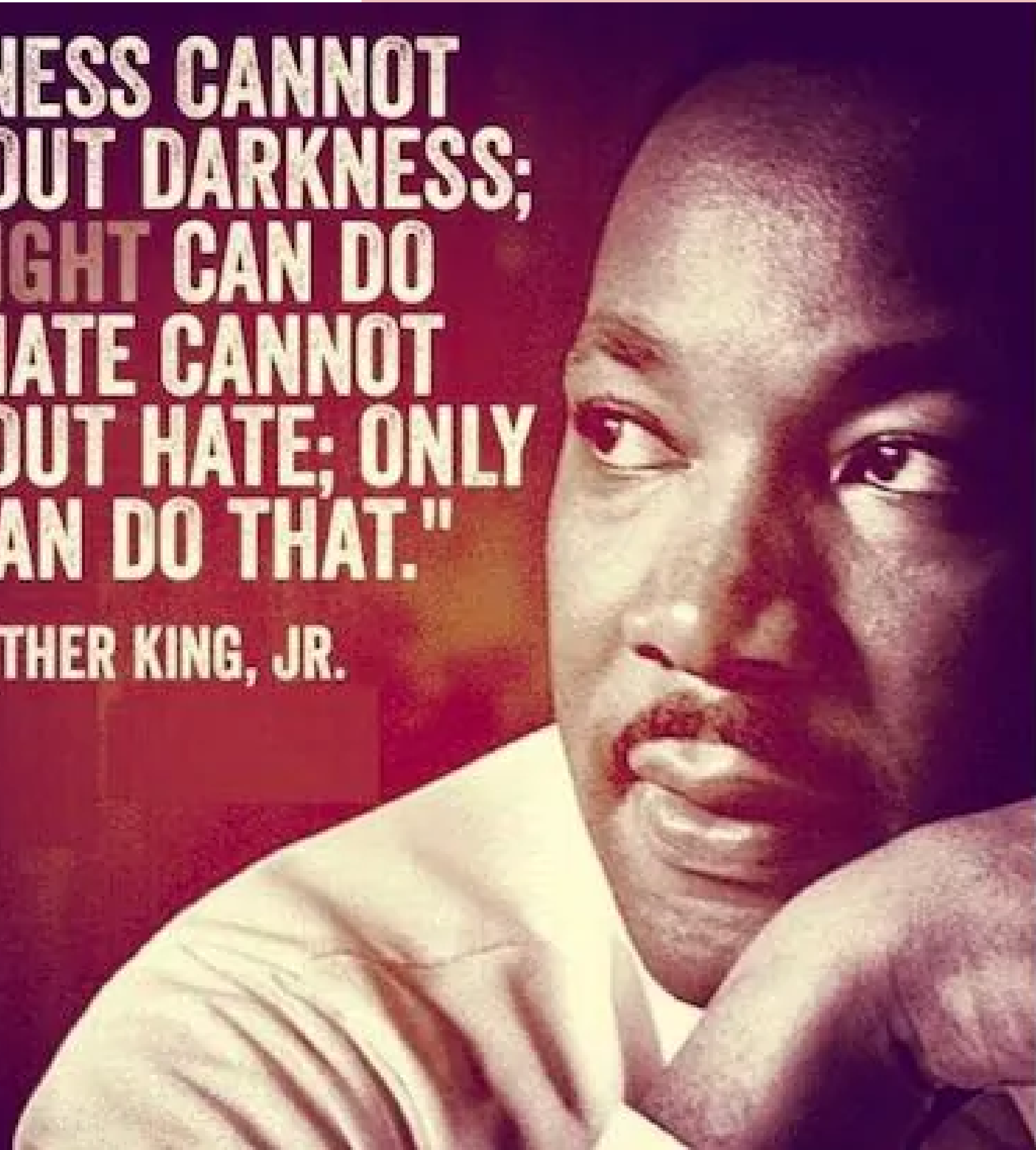
MARCH 26, 2021

*Anti-Asian
Violence*

P.S. 046 THE ALLEY POND SCHOOL

**"DARKNESS CANNOT
DRIVE OUT DARKNESS;
ONLY LIGHT CAN DO
THAT. HATE CANNOT
DRIVE OUT HATE; ONLY
LOVE CAN DO THAT."**

MARTIN LUTHER KING, JR.





School Support Staff

CONTACT US

Cynthia Scarola, LMSW
School Social Worker

929-314-0154

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Alexandra Greco
School Guidance Counselor

718-283-4407

Agreco5@schools.nyc.gov

PS 46 PHONE NUMBER: 718-423-8395



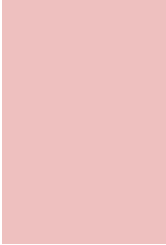
Reach out for help

HOW TO GET SUPPORT.

Reach out for help. Our Crisis Counselors are available to help you move from a hot moment to cool and calm totally free, 24/7. Our model has always leveraged kind, empathetic people with a wifi connection from the comfort of their own home. We're here. We're ready. We were made for this. And, most importantly, your feelings are valid. You deserve kindness. We're here to help. Text HOME to 741741 to connect with a Crisis Counselor.



*Hotlines & Support Links**

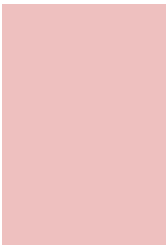


**CALL CALHOPE
(833) 317-HOPE (4673)**



MENTAL HEALTH TREATMENT

<https://www.asianmhc.org/apisaa#new-york>

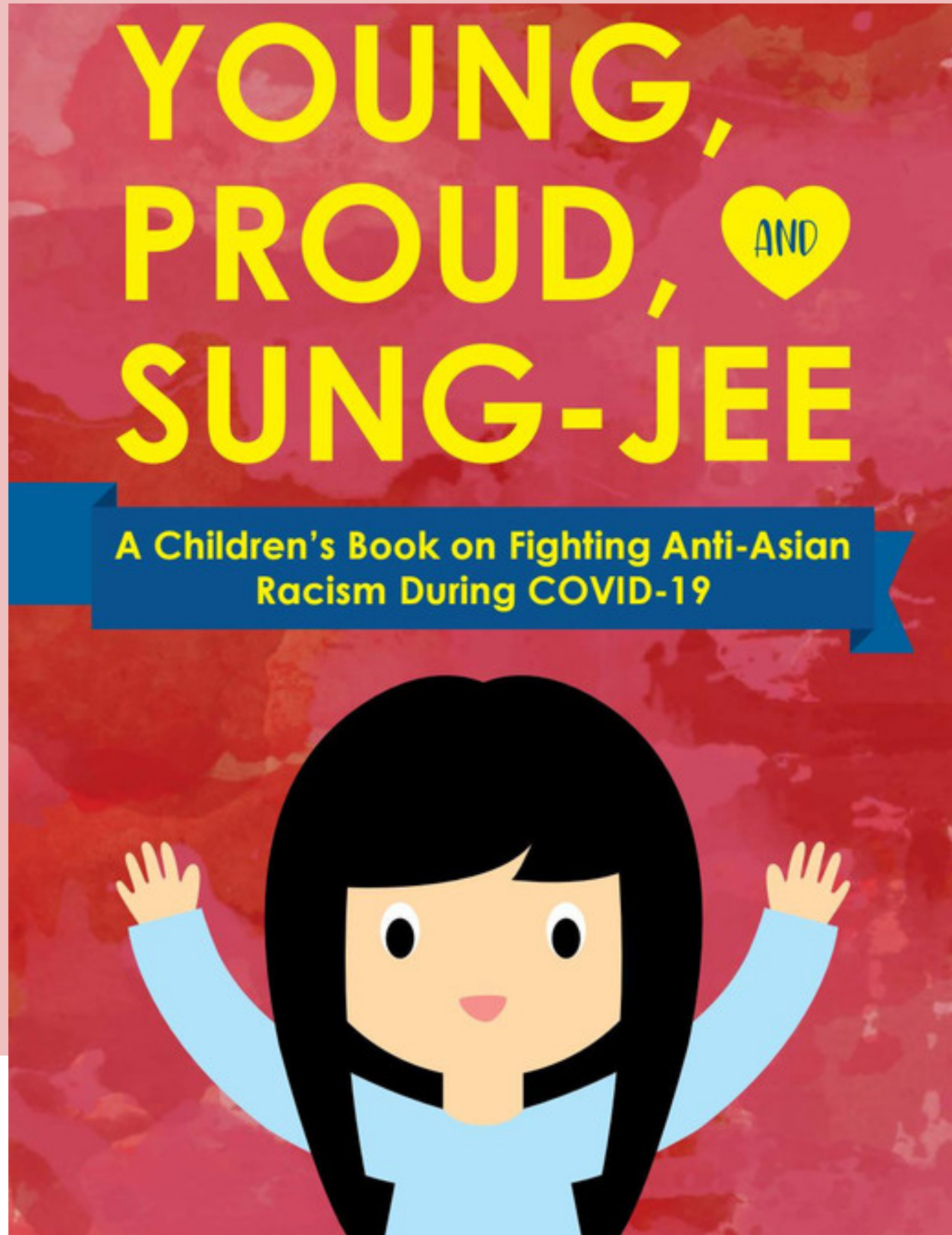


**SAMHSA'S NATIONAL
HELPLINE – 1-800-662-
HELP (4357)**



**BYSTANDER-
HOW TO ADVOCATE**

https://www.ihollaback.org/app/uploads/2016/11/Show-Up_CUPxHollaback.pdf



HOW TO TALK TO KIDS.

Free E- book on how to help children conceptualize and advocate against racism.

<https://issuu.com/joyceylee/docs/yps2020>





Share your story.

A safe place to share your concerns or experiences.

