

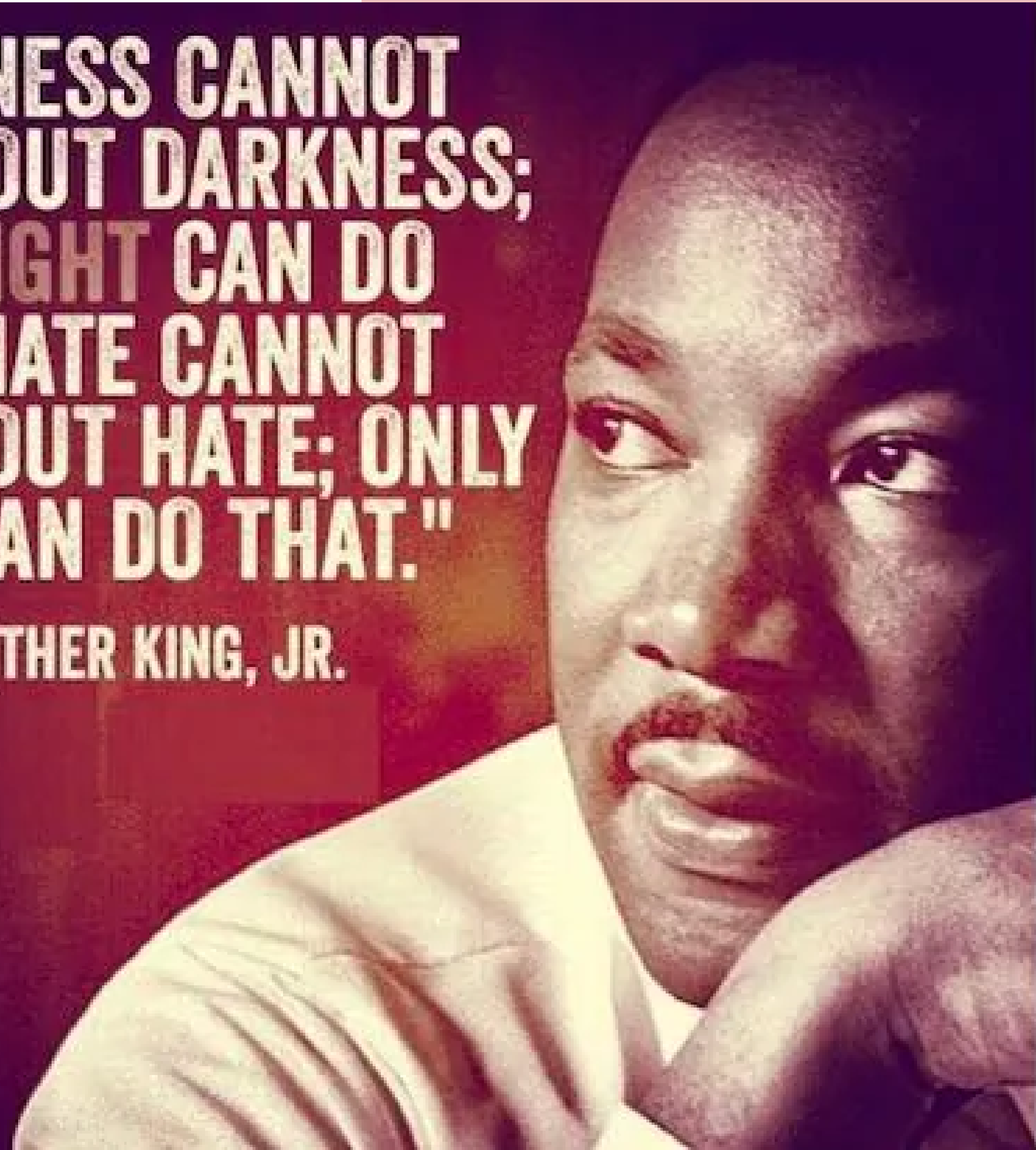
MARCH 26, 2021

反亞裔暴力

P.S. 046 THE ALLEY POND SCHOOL

**"DARKNESS CANNOT
DRIVE OUT DARKNESS;
ONLY LIGHT CAN DO
THAT. HATE CANNOT
DRIVE OUT HATE; ONLY
LOVE CAN DO THAT."**

MARTIN LUTHER KING, JR.





学校援助的员工

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导员

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PS 46 PHONE NUMBER: 718-423-8395



寻求帮助

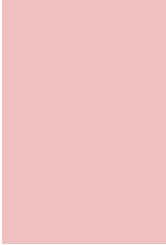
如何获得支援

我们有危机辅导员二十四小时,七天 完全免费帮助您从愤怒的情绪到达冷静和镇定的时刻. 你可以安坐自己舒适的家中通过无线网络连接到善良和理解您的危机辅导员。我们在这里。我们为此作好准备了. 而且, 最重要的是,你的感觉是正确的。你应该得到善意。我们在这里为您提供帮助.

发短信HOME至741741 与危机辅导员联系。



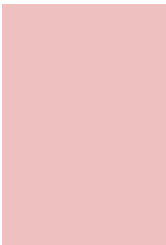
热线和援助链接的网址和电话号码*



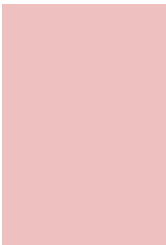
**CALL CALHOPE
(833) 317-HOPE (4673)**



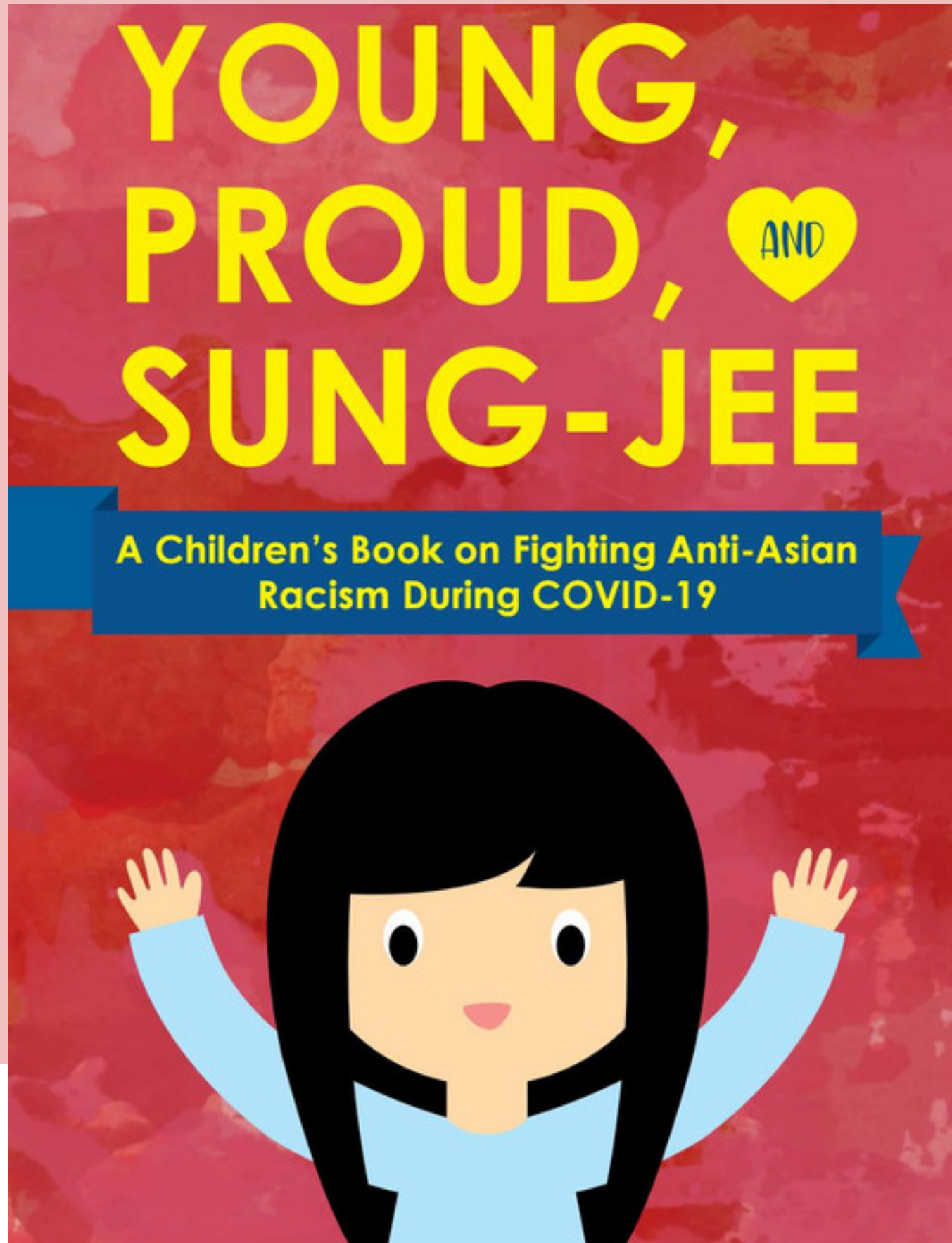
MENTAL HEALTH TREATMENT
<https://www.asianmhc.org/apisaa#new-york>



**SAMHSA'S NATIONAL
HELPLINE – 1-800-662-
HELP (4357)**



**BYSTANDER-
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